

Leduc Kanata Gymnastics Club 112, 5904 – 50 Street Leduc, AB T9E 0R6 Phone: 780-986-2627 www.leducgymnastics.com

Leduc Kanata Gymnastics Club – Birthday Party Information

PARTIES MUST BE BOOKED THROUGH bookings@leducgymnastics.com

Welcome to the Leduc Kanata Gymnastics Club, thank you for your interest to have your child's birthday party with us! While having a party at the Club is a wonderful experience, we provide the following information to ensure that your party is the best it can be. If you have any questions, concerns, or suggestions, please contact the club via email at bookings@leducgymnastics.com.

PARTY PACKAGE

• Package includes private use for birthday party guests, including full facility and lobby for two hours under the coaching of a fully certified coach and assistant. The coaches will play games, stretch and set up fun circuits that will introduce party goers to all the exciting things there are to do in our gym. Please note that tablecloth, paper plates, napkins, and forks will be provided. We will not provide any food or refreshments. Yes, we do all the clean up! (Remember to check with your party goers about allergies and also note that we are not a peanut free zone). A full fridge/freezer and microwave are available for your use.

A SAFE TIME FOR EVERYONE

- A list of all party goers names must be provided to the Club for insurance purposes the day of and handed to a coach (blank list can be found on our website). If the list is not provided, party goers will not be able to enter the training area until the list is completed.
- Waivers (Minors Under 18 Notification of Risk) must be signed for each party goer by the parent or legal guardian of the child, not just someone who is accompanying them. UNDER NO CIRCUMSTANCE will a child be allowed in the gym without a **signed** waiver. You can access the waivers on our website from the Birthday Parties page located under the 'More' menu.
- Rules and expectations will be explained to the party goers and will be strictly enforced. Fun in a safe environment is our priority.
- Adults are asked to refrain from using any of the gym equipment unless given direct consent by the supervising certified coach.
- Washrooms are upstairs.
- Coach will facilitate safe photography opportunities.
- No food is permitted in the training area.
- Only water is allowed in the training area.
- No chewing gum in the gym area.
- Guests under 3 years old must be accompanied by an adult in the gym area. The ratio of child to parent is 1:1. Children in baby carriers or wraps are NOT permitted.



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WHAT TO WEAR

• Bare feet or specific gymnastics slippers in the gym. Comfortable clothing, t-shirts, shorts, sweat pants, nothing too baggy. Long hair should be tied back. No jewelry.

Thank you for taking the time to ensure that your child's party will be a fun time and please do not hesitate to contact us!