



Leduc Kanata Gymnastics Club
112, 5904 – 50 Street
Leduc, AB T9E 0R6
Phone: 780-986-2627
www.leducgymnastics.com

Leduc Kanata Gymnastics Club – Birthday Party Information

PARTIES MUST BE BOOKED THROUGH
<https://www.leducgymnastics.com/birthday-parties/>

Welcome to the Leduc Kanata Gymnastics Club, thank you for your interest to have your child's birthday party with us! While having a party at the Club is a wonderful experience, we provide the following information to ensure that your party is the best it can be. If you have any questions, concerns, or suggestions, please contact the club via email at bookings@leducgymnastics.com.

PARTY PACKAGE

- Package includes private use for birthday party guests, including full facility and lobby for two hours under the coaching of a fully certified coach and assistant. The coaches will play games, stretch and set up fun circuits that will introduce party goers to all the exciting things there are to do in our gym. Please note that decorations, table cloth, paper plates, napkins, drinking glasses and forks will not be provided. We will not provide any food or refreshments. (Remember to check with your party goers about allergies and also note that **we are not a peanut free zone**). A full fridge/freezer and microwave are available for your use.

A SAFE TIME FOR EVERYONE

- A list of all party goers names must be provided to the Club for insurance purposes the day of and handed to a coach (blank list can be found on our website). If the list is not provided, party goers will not be able to enter the training area until the list is completed.
- The waiver must be signed for each party goer by the parent or legal guardian of the child, not just someone who is accompanying them. You can access the waivers on our website under the birthday party tab under 'More'. **A Covid Screening Checklist must be completed prior to the birthday party for all participants and any parents entering the building. The digital form can be found on our website <https://www.leducgymnastics.com/covid-19/>.**

UNDER NO CIRCUMSTANCE will a child be allowed in the gym without a signed waiver or the screening completed.

- With the current circumstances we ask that you limit the number of adults to 4.
- Rules and expectations will be explained to the party goers and will be strictly enforced. Fun in a safe environment is our priority.
- Washrooms are upstairs.
- Coach will facilitate safe photography opportunities.
- Please ask your party goers to bring a filled water bottle. The water fountain is out of order until further notice.
- No food is permitted in the training area.
- No chewing gum in the gym area.
- Guests under 3 years old must be accompanied by an adult in the gym area. The ratio of child to parent is 1:3. Children in baby carriers or wraps are NOT permitted.



Leduc Kanata Gymnastics Club
112, 5904 – 50 Street
Leduc, AB T9E 0R6
Phone: 780-986-2627
www.leducgymnastics.com

HOW ARE WE KEEPING YOU SAFE?

- LKGC is following all rules and regulations set forth by both Alberta Gymnastics Federation and Alberta Health Services.
- All coaches are required to wear masks from the moment your child's class starts to the moment they leave our facility.
- All coaches are equipped with a Leduc Kanata fanny pack which will hold personal hand sanitizer for the duration of the day. Each time a coach spots OR comes in contact with a child, they must sanitize their hands before proceeding to help another child.
- We have increased our cleaning and sanitizing practices; the gym is "fogged" and all high touch surfaces in the lobby, entrance and bathrooms are wiped down between birthday parties and classes.
 - What is fogging: Vital Oxide is a hospital-grade disinfectant that is approved by Health Canada to kill COVID-19 (among many other viruses, bacteria, and fungi) that is sprayed on ALL equipment in the training area. What makes it stand out from other methods is that Vital Oxide is the safest disinfectant available, with an SDS rating of 0-0-0, no VOC's, and no PPE required at any concentration. It is skin safe and not a skin

WHAT TO WEAR

- Bare feet or specific gymnastics slippers in the gym. Comfortable clothing, t-shirts, shorts, sweat pants, nothing too baggy. Long hair should be tied back. No jewelry.

Thank you for taking the time to ensure that your child's party will be a fun time and please do not hesitate to contact us!