



Leduc Kanata Gymnastics Club, #112, 5904 50th St Leduc Alberta, T9E 0R6
Office: 780-986-2627 Email: Info@leducgymnastics.com

****PRECAUTIONARY HEALTH POLICY IN EFFECT – BRING YOUR OWN WATER BOTTLE****

As you may be aware, individuals from Leduc have been exposed to someone who recently tested positive for the COVID 19 virus. Leduc Kanata Gymnastics Club will be implementing a precautionary health policy, which includes turning off the water fountain and **applying hand sanitizer to all children who enter the training area.**

As per Alberta Health Services guidance, families should continue to watch for influenza – like illness symptoms: fever, cough, difficulty breathing, and shortness of breath.

To minimize the spread of any virus, continue to follow these preventive measures:

- Stay home if you are sick. If your kids are sick, keep them home and call [Health Link 811](#) for guidance.
- Make sure everyone in your household washes his/her hands with soap and water often. If soap and water are not readily available, use alcohol-based hand sanitizer.
- Avoid touching your face with unwashed hands.
- Use a tissue when you cough or sneeze and throw it in the garbage bin lined with a plastic bag and wash your hands immediately after that. If you do not have a tissue, sneeze or cough into your sleeve/shoulder.
- Clean and disinfect surfaces that are used often and shared by everyone in your home.

Alberta Health Services and Alberta Gymnastics Federation has not recommended any facility closures, but we will continue to closely monitor the situation and inform you if any changes are made.

Sincerely,

Marc Schmidt
President



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