



# Leduc Kanata Gymnastics Club

112, 5904—50 Street, Leduc, Alberta T9E 0R6 780-986-2627

Email: info@leducgymnastics.com

Web: www.leducgymnastics.com

**NOTE: There is a \$35.00 Alberta Gymnastics Federation registration and insurance fee for each student, paid yearly July 1-June 30. This fee will be added the FIRST TIME an athlete is registered into a program for the year.**

## PRESCHOOL

Please note: Due to insurance restrictions we are not permitted to allow unregistered children in training area including babies in slings and car seats.

**Wee 1's:** 12-23 months \$80

One on one, parented program. Work with your wee 1 on basic stretching, floor, bars & free time.

Tues 9:00-9:30 am OR  
Thurs 9:45-10:15 am  
Thurs 5:00-5:30 pm  
Sat 9:00-9:30 am

**Parent & Tot:** 2-3 yrs. \$115\*

With a coach, parent and child explore through games & circuits

Sat 9:30-10:15am OR  
Sat 10:45-11:30 am OR  
Tues 9:30-10:15 am OR  
Tues 5:15-6:00 pm OR  
Thurs 10:15-11:00 am OR  
Thurs 5:30-6:15 pm

**Gym Bugs** 3-4 yrs. \$115\*

FUN is a bonus as Gym Bugs discover gymnastics on their own.

Sat 9:00-9:45 am OR  
Sat 10:15-11:00 am OR  
Tues 11:15-12:00 pm OR  
Tues 4:30-5:15 pm OR  
Tues 4:15-5:00 pm OR  
Thurs 9:00-9:45 am OR  
Thurs 1:45-2:30 pm OR  
Thurs 4:15-5:00 pm OR  
Thurs 4:45-5:30pm

**Gym Kips** 4-5 yrs. \$145\*

Develop gross motor skills & basic gymnastics skills.

Sat 9:00-10:00 am OR  
Sat 9:45-10:45 am OR  
Sat 11:00-12:00 am OR  
Tues 10:15-11:15 am OR  
Tues 4:30-5:30 pm OR  
Tues 5:00-6:00 pm OR  
Thurs 12:45-1:45 pm OR  
Thurs 5:00-6:00pm OR  
Thurs 5:30-6:30pm

## CANGYM BADGE LEVELS

### 6 yrs. & up

CanGym programs, develop skills, strength & flexibility, while progressing through a series of badges, starting at the Burgundy badge and working up.

**Burgundy/Red** \$145\*

Sat 11:30-12:30 pm OR  
Sat 12:00-1:00 pm OR  
Tues 5:30-6:30 pm OR  
Tues 6:30-7:30 pm OR  
Thurs 3:30-4:30 pm OR  
Thurs 6:15-7:15 pm OR  
Thurs 7:15-8:15 pm

### 8 Years old only

Tues 6:00—7:00 pm  
Thurs 6:30—7:30pm

**Tan/Bronze** \$145\*

Sat 12:30-1:30 pm OR  
Sat 1:00-2:00 pm OR  
Tues 6:00-7:00 pm OR  
Tues 7:30-8:30 pm OR  
Thur 6:00-7:00 pm OR

### 10 years old and up

Tues 7:00-8:00 pm  
Thurs 7:30 - 8:30 pm

**Purple/Blue** \$220\*

Sat 12:00-1:30 pm OR  
Tues 7:00-8:30 pm OR  
Thurs 7:00-8:30 pm

**Turquoise & Up** \$350\*

Fri 5:00—8:00 pm

## Drop—In

\* \*Check our website for Drop—in availability\*\*

## SPECIALTY PROGRAMS

### Preschool Drop In Under 6 yrs. Old Thursday Sept 21—Dec 7

Due to insurance restrictions drop in will now be a one on one parented program. We are also not permitted to allow unregistered children in training area including babies in slings and car seats. This will still remain as free time in gym, not a coached class, coach for supervision only

11:00-12:00 pm  
Ratio: 1 Adult to 1 Child  
Fee: \$5/child/drop in

### Home School Program Ages 6 & Up Thursdays 2:30-3:30 pm

A class for children who are in the home schooling program. Classes follow burgundy to tan badges.  
Fee: \$145\*

### Petite Excelerators By invitation only

A program for girls who show the ability to become a more advanced gymnast. A stepping stone for our competitive program. Must be invited into this program.  
Sat. 10:00—12:00 pm  
Fee: \$285\*

### Important

- Participants must meet the age requirement by the first day of class.
- Unregistered children are not permitted in the training area, even in baby slings or car seats.
- A parent or adult guardian must be in the building at all times for children 6 years and under attending classes and with all children in the viewing area at all times.

## Fall 2017

Classes 12 weeks

Sat Sept 16—Dec 16

(no class Oct 7 & Nov 11)

Tues Sept 19-Dec 12

(No class Oct 31)

Thurs Sept 21—Dec 7

Fri Sept 22—Dec 15

(No class Oct 6)

## How to Register:

Registration opens  
6:00 pm on  
Sept 5, 2017

If the class you want  
is full please register  
on our waitlists!

### Online registration:

Set up your family  
account following  
instructions on our  
website. Register from  
home starting at 6:00  
pm on Sept 5 2017.

Note: Online  
registration may not  
work on phones or  
tablets.

### In Person Registrations:

Register at the Club  
6:00—8:00 pm Sept 5  
2017. (Payment needed  
for fee.) Registering in  
person may take longer  
and does not have  
priority over online  
registrations.

\*Fundraiser or Bingo requirement are assigned to each class level by the Club. (For more information see next page)

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## Programs on other side



### Fundraising/Bingo (Determined by class level)

Fundraising/bingos are an integral part of Kanata to help keep the cost down for operations, equipment and maintenance.

Parents of children registered in a program are required to do one predetermined mandatory fundraiser OR bingo per child per session. A volunteer bond cheque per child per session is taken at the first class and is held until the volunteer commitment has been fulfilled. We thank you for your support of your club in its fundraising/bingo endeavors.

The Leduc Kanata Gymnastics Club reserves the right to change Fundraising or Bingo requirement as needed.

### Fees

Each session has set fees based on the number of weeks classes run. If registering more than one child, in the same family, a 10% discount is given for each additional child based on the lowest fee. We accept cash, cheque, visa and mastercard as payment for classes. All classes must be paid in full with the required Bingo/Fundraiser volunteer bond cheques before any gymnast will be permitted to participate.

### AGF Fees

All Kanata participants are required to be registered members of Alberta Gymnastics Federation (AGF). This ensures they are insured while participating in any activity related to our club. AGF fees are paid once yearly and must be renewed every September. This fee will be added to your first time class registration.

### NSF CHARGES

A surcharge of \$10 will be added to NSF cheques and re-payment must be made in full and in cash before your child's next scheduled class.

### REFUNDS

Full Refunds and release from any bingo/fundraising obligations will be given provided written notice is given before the first class. A prorated refund less an administrative fee of \$10 will be given if written notice is received prior to the start of your child's third scheduled class. No refunds will be given after the start of the third class for reasons other than illness (a doctor's note must be submitted). Participants who withdraw after the start of the third class will be expected to fulfill their fundraising/bingo obligation to the club. Anyone registered in a class that is cancelled by the club will receive a full or prorated refund.

## How to Register...

We now have online registration, see front of flyer for registration information.

### *Did you know...*

- We have been running programs for over 30 years in Leduc.
- Our programs are eligible for the Child Fitness Tax Credit Program
- All coaches are fully certified and classes have an apprentice helper.
- We have a very successful Women's Provincial Level Artistic Competitive program
- Members of our competitive team have attended Alberta Winter Games!
- Every year we purchase new equipment.